

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



IT'S A NEW YEAR AND A NEW DECADE! WELCOME 2020 HAPPY NEW YEAR!

8:00 Breakfast + News E 9:30 Card Sharks E 10:00 -10:30 Coffee Break 11:00 Delicious Book Bites Literature and Discussion w/ Carol Silver Elliott E 11:00 New Year Word Play W 1:45 Pianist Lina Sanders W 2:15 New Year's Traditions Around the World E+W

8:00 Breakfast + News E 10:00 -10:30 Coffee Break 11:00 Boxing E 11:15 Musical Entertainer Margie Ellias W 2:00 Bingo E 2:00 New for 2020 Have you heard? W

NEW YEAR GOALS: Technology 2020: Stepping Into the Future Centurion Warriors Living Healthy and Strong Art, Music, Drama, Dance Living Life to our Full Potential

OMA ART EXHIBIT THE BELSKIE MUSEUM RECEPTION TODAY 1 - 3 PM REFRESHMENTS SERVED

8:00 Breakfast + News E 10:00 -10:30 Coffee Break 10:30 Circle of Friends E 11:00 High Low Card Game W 11:15 2020 and Beyond... It's in the Cards E 1:30 Walking Club 2:00 Centurion Warriors Living Healthy and Strong Tom Elliott, RSB Coach W

8:00 Breakfast + News E 9:30 Card Sharks C 10:00 -10:30 Coffee Break 11:00 Boxing is back! E 11:00 You Be the Judge W 1:30 Walking Club 2:00 Pearl Play Jam w/ Celso East 2:00 Delay the Disease w/ Kim Mihov W

8:00 Breakfast + News E 10:00 -10:30 Coffee Break 11:00 THE JACKSON'S W JUMP START THE YEAR 2:00 Reiki Circle E 2:00 The Music Club Hosts The Magical Violin W w/ Zhang Music Students

8:00 Breakfast + News E 9:30 Card Sharks E 10:00 -10:30 Coffee Break 11:00 Anything is Possible Becoming an Ironman! Sunni Herman W 1:45 Pianist Lina Sanders W 2:00 Bingo E 2:15 Music in Motion With Rafael Muniz W

8:00 Breakfast + News E 10:00 -10:30 Coffee Break 11:00 Boxing E 11:00 Family Feud W 2:00 The Dance Club hosts A LINE DANCING CLASS w/ FAVORITE SASSY LADY JOYCE DESANTIS W



8:00 Breakfast + News E 10:00 -10:30 Coffee Break 10:30 Circle of Friends E 11:00 Anagrams W 11:15 Morning Meditation E 1:30 Walking Club 2:00 Drama Club Workshop w/ Naomi Weinberg E 2:00 Aroma Therapy And Nail Spa W

8:00 Breakfast + News E 9:30 Card Sharks C 10:00 -10:30 Coffee Break 11:00 Boxing E 11:00 "Picture Perfect" W Craft Corner w/ Nina 1:30 Walking Club 2:00 Pearl's Corner East E Edible Jewelry-the Best Kind 2:00 Karaoke Teaser W

8:00 Breakfast + News E 10:00 -10:30 Coffee Break 11:00 DANCE PARTY BIRTHDAY BASH w/ RICK SALUCCI W 2:00 New for 2020 Vision Board Collages w/ Nina Gomez & Staff E 2:00 New for 2020 Community Choice W

8:00 Breakfast + News E 9:30 Card Sharks E 10:00 -10:30 Coffee Break 11:00 Woman's Group w/ Naomi E 11:00 Winter Sports W 1:45 Pianist Lina Sanders W 2:00 Adult Faith - A Visit to Fatima w/ Betty Selkirk E 2:15 Trivia W

8:00 Breakfast + News E 10:00 -10:30 Coffee Break 11:00 Boxing E 11:00 Musical Entertainment The Harmony Basket W 2:00 Bingo E 2:00 Reflections on MLK Day and Freedom w/Rabbi Feld W

Director; Charlene Vannucci 201 750-4238 Nurse: Jenna Hazekamp 201 750-4253 Social Work: Naomi Weinberg 551 444-3123 Recreation: 551 444-3125 Director: Jaimie Borden Coordinator: Ninay Gomez Leader:: Bruce Sheinman

Happy Birthday to You 19 Liony M. 1/02 Evelyn C. 1/11 Regina G. 1/12 Helene P. 1/13 Beverly O. 1/25 Activity Professionals Week

8:00 Breakfast + News E 10:00 -10:30 Coffee Break 10:30 Circle of Friends E 11:15 Bingo E 11:15 Rabbi Lewis Visits W 1:30 Walking Club 2:00 Buddy Program E 2:00 Dr. Martin Luther King Bios w/Bruce Sheinman W Martin Luther King Day

8:00 Breakfast + News E 9:30 Card Sharks C 10:00 -10:30 Coffee Break 11:00 Boxing E 11:00 Laugh Active Exercise w 1:30 Walking Club 2:00 Pearl Play-Game Day E 2:00 Armchair Traveler W Seeing Bari, Italy thru Dad's eyes... w/ Rosalee Keech

8:00 Breakfast + News E 10:00 -10:30 Coffee Break 11:00 Technology 2020 INTO THE FUTURE w/ Ezra Halevi E 11:00 Delay the Disease W w/ Kim Mihov 1:45 Community Council W 2:15 Music in Motion With Rafael Muniz W

8:00 Breakfast + News E 9:30 Card Sharks E 10:00 -10:30 Coffee Break 11:00 Men's Group w/ Naomi E 11:00 CELSO ON GUITAR Solos & Surprise Duets W 1:45 Pianist Lina Sanders W 2:15 New for 2020 Bowling for Dollars

8:00 Breakfast + News E 10:00 -10:30 Coffee Break 11:00 Boxing E 11:00 OUTING - TBA 11:00 Greg Baron and his Beautiful Music W 2:00 Rabbi Feld with W Thoughts for the New Year 2:00 Jewelry Club w/ Nina E

Drivers/Program Assistants 25 Celso DaSilva Freddie Madrid Gil Rieser Betty Selkirk Chantal Williams Administrative Assistant Carlo Cacanindin 551 444-3143 Chinese New Year

Reflexology Wednesdays 1:30 - 3:00 Rock Steady Boxing Tuesday + Thursdays 1:45 Fitness 4 Life: 15 minutes/day Times Vary

Chinese New Year 27 8:00 News/10:00 Coffee Break 10:30 Circle of Friends E 11:00 Qi Gong w/Hasmig W 11:15 THE ASIAN KITCHEN E 1:30 Walking Club 2:00 FINE ART CLUB E W/ ARTIST SUNG HO CHOI 2:00 Asian Traditions and Spirituality w/Bruce S. W

Chinese New Year 28 8:00 Breakfast + News E 9:30 Card Sharks C 10:00 -10:30 Coffee Break 11:00 Boxing E 11:00 Chinese Table Games W 1:30 Walking Club 2:00 CUP CAKE WARS A Gallen Center Tradition E + W

Chinese New Year 29 8:00 Breakfast + News E 10:00 -10:30 Coffee Break 11:00 Yoga w/ Caren Zisk W 2:00 CHINESE TEA TASTING + CEREMONY Musical Accompaniment Harpist Karen Stern Norrell

Chinese New Year 30 8:00 Breakfast + News E 9:30 Card Sharks E 10:00 -10:30 Coffee Break 11:15 New for 2020 Pianist Ruth Kalamarids W 1:45 Pianist Lina Sanders W 2:00 OMA Art is Back E 2:15 Chinese Trivia W

Chinese New Year 31 8:00 Breakfast + News E 10:00 -10:30 Coffee Break 11:00 Boxing E 11:00 Musical Entertainer Vickie Warn W 2:00 Year of the Rat "RAT RACE" 2020 W New Active Game 2:00 Bingo E

